YouGov / Research Reality

UNITED STATES

Cart of the deal

America's appetite for Black Friday & Cyber Monday 2025



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Foreword





In 2025, tariffs, trade war and persistent inflation all contributed to a sense of economic uncertainty. Yet, as the 2025 holiday season approaches, consumer interest in Black Friday (39%) and Cyber Monday (38%) remains steady. Younger adults - especially Gen Z and Millennials - are more likely to participate, with 58% planning to shop the events. Still, enthusiasm is mixed. Over a third of Americans (36%) say their interest in mega sales events has declined in the past few years, citing misleading discounts, lower product quality, and financial pressures as key reasons.

This report explores how US consumers are approaching BF/CM in 2025, including who plans to shop, what they intend to buy, how much they'll spend, and what's driving both interest and skepticism around mega sales events."

Ashley Brown

Senior Director, Account Management

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Report takeaways



Younger consumers driving BF/CM participation

Gen Z and Millennials are significantly more likely to shop BF/CM (57%) compared to Gen X and Baby Boomers+ (38%), highlighting a generational divide in engagement with mega sales events.



Consumer participation is steady but interest is softening

Overall intent to shop remains stable, but **36%** of consumers say they're less interested in mega sales events than they were 2–3 years ago.



Skepticism toward AI in gifting remains high

While some Gen Z and Millennial shoppers express curiosity about Al-assisted gifting, only **18%** say they would trust Al to pick gifts for loved ones, and many say it would negatively impact their perception of the gift.

Powered by the YouGov panel

The insights in this report are fueled by YouGov's consumer research panel, which has 30 million registered members from 55+ markets.

Every day, our members trust us with their data and opinions – enabling us to gain insights into behaviors and attitudes from people of all ages, backgrounds and beliefs.

Inclusion is essential for our members, our clients, and our mission. We invest millions each year to ensure we can create truly nationally representative online samples and access hard-to-reach groups.

The Pew Research Centre concluded that YouGov "consistently outperformed" other online competitor samples for accuracy.

30m· registered panel members markets

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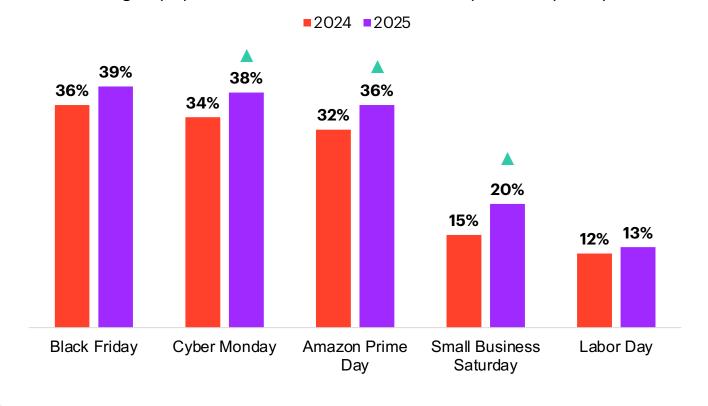
Assessing the appetite for BF/CM sales

Participation in BF/CM remains steady in 2025

Those saying they're likely to make purchases has increased by **5**% for Small Business Saturday and **4**% for Cyber Monday and Amazon Prime Day.

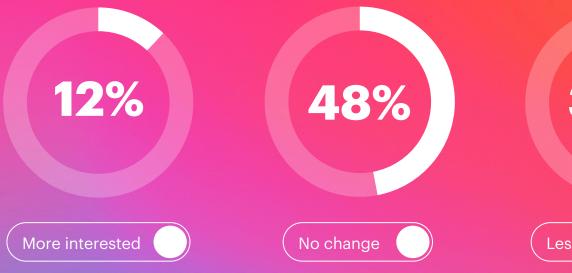
How likely are you to make purchases during the following mega sales events, if any?

US gen pop who answered "somewhat likely" or "very likely"



Though participation is stable, many consumers are losing interest in mega sales events

How has your interest in mega sales events changed, if at all, compared to 2–3 years ago?"



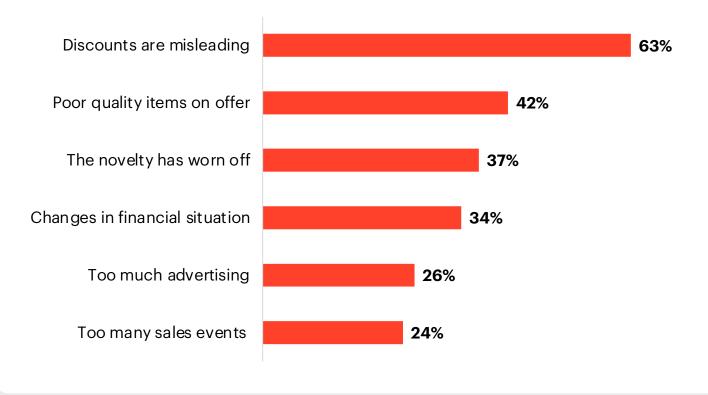


Misleading discounts and poor-quality items are dampening enthusiasm

Although planned participation in mega sales is stable, **36%** of respondents say they're less interested compared to 2-3 years ago. This compares to only **12%** who say they're more interested. Disillusioned consumers say this is because discounts are misleading **(63%)** and that the quality of items on offer is poor **(42%)**.

Which, if any, of the following are the main reasons that your interest in mega sales events has reduced? Please select all that apply.

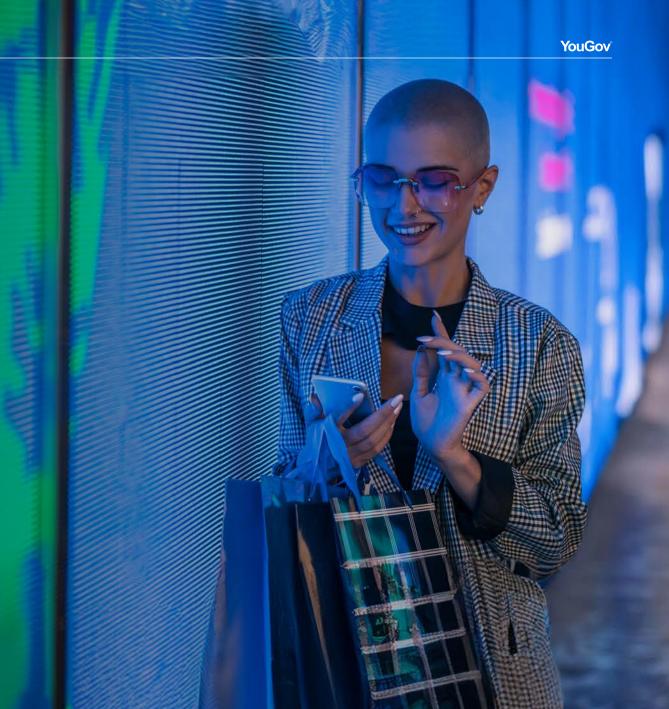
■ Americans who are less interested in sales events compared to 2-3 years ago



YouGov Surveys: August 8-18, 2025. Americans who are less interested in mega sales events compared to 2-3 years ago; n> 500. Top 6 reasons shown.

Shopper insights

Younger shoppers lead the way on Black Friday participation with clothing and tech as the top purchase categories.



A quarter of BF/CM shoppers will spend less than last year

How much will you spend during mega sale events (e.g., Black Friday, Cyber Monday, and Amazon Prime Day, etc.) this year?"

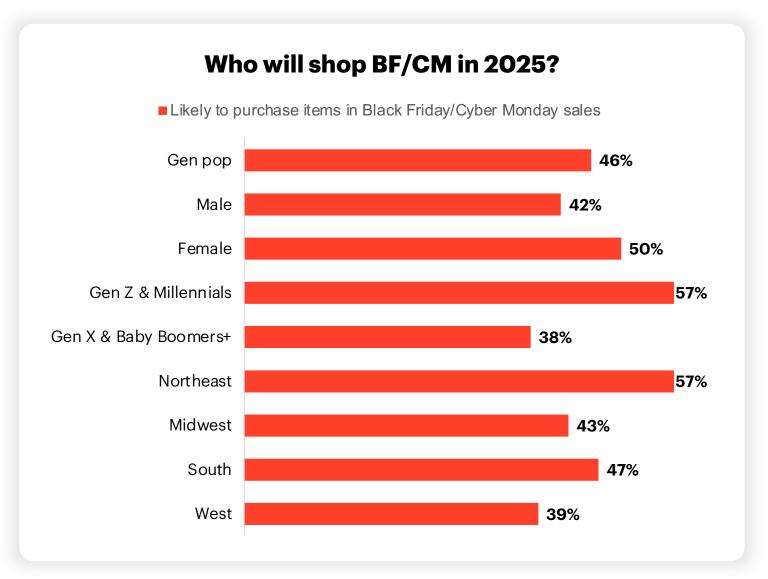




Gen Z and Millennials more likely to shop BF/CM

BF/CM shoppers skew younger, female and strongly Northeastern. In the Northeast, **57%** of respondents say they'll likely shop at BF/CM compared to **39%** of Westerners.

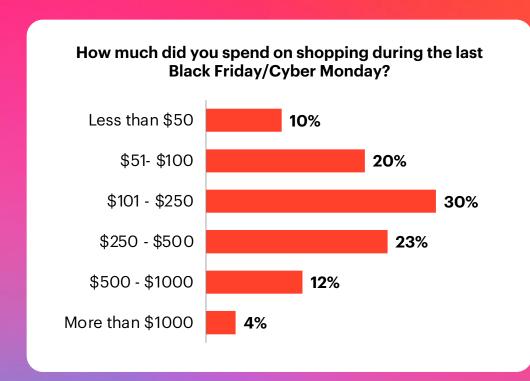
There are no significant differences between those living in the city, suburbs and rural areas.



YouGov Surveys: August 8-18, 2025. US gen pop: n> 1,500; Male: n> 650; Female: n> 850 Gen Z & Millennials: n> 500; Gen X & Baby Boomers+: n> 1,000 Northeast: n> 250; Midwest: n> 300; South: n> 500; West: n> 300

Most BF/CM shoppers spent between \$100-\$500 last year

Two-fifths of 2024 BF/CM shoppers (40%) spent more than \$250, with discounts and deals being the most common motivation for shopping.

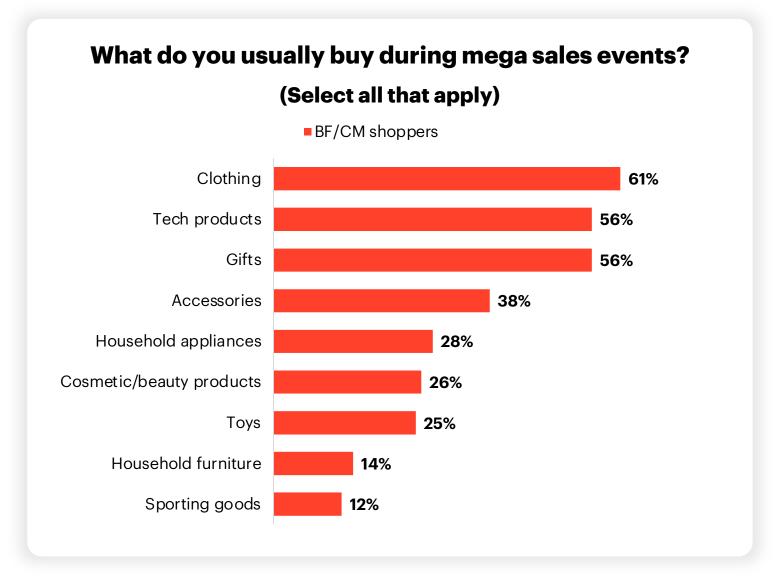




Clothing and tech are top purchase categories

Clothing is the most popular item for purchase during mega sales events (61%), followed by tech and gifts (56%).

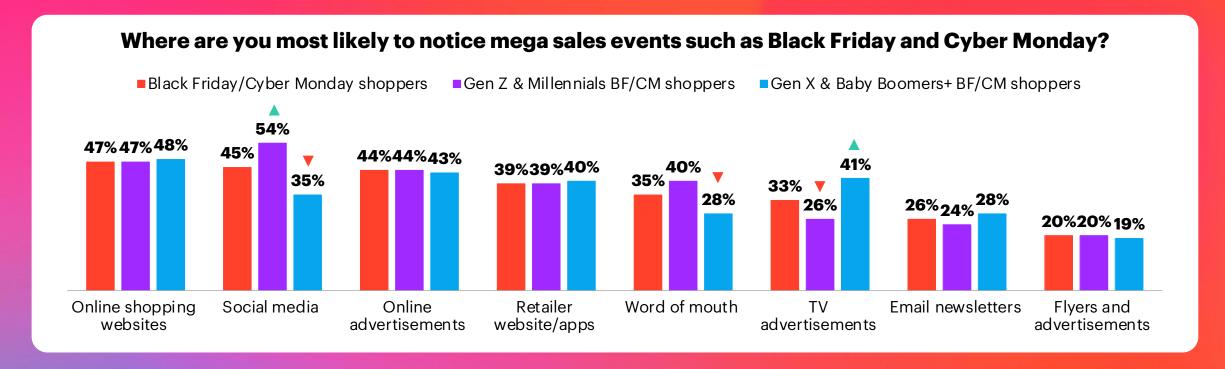
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YouGov Surveys: August 8-18, 2025. US Black Friday/Cyber Monday shoppers: n> 700. Top 9 categories shown.

Online channels are most effective for spreading awareness of mega sales

Social media plays a strong role in driving awareness among Gen Z and Millennials, with 54% stating they are likely to notice mega sale events on this channel, compared to 35% of Gen X and Baby Boomers+.



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Cost of living crunch? Over a third of shoppers hold off on making essential purchases for sales

37%

of BF/CM shoppers agree: "I hold off on making an essential purchase in the hopes that it will be available in a mega sale event offer."

31%

of BF/CM shoppers agree: "I do most of my gift or holiday shopping during mega sale events." 29%

of BF/CM shoppers agree:"I hold off on making a **luxury purchase** in the hopes that it will be available in a mega sale event offer."



Tariffs, mega sales, and overconsumption

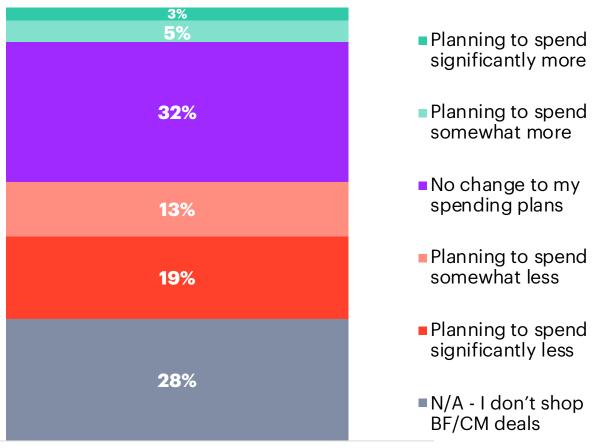
Many consumers are shopping earlier and buying American in light of import tariffs.

Tariff impact on spend

When asked about the impact of tariffs, 4x more Americans say they will spend less than more (32% vs 8%)

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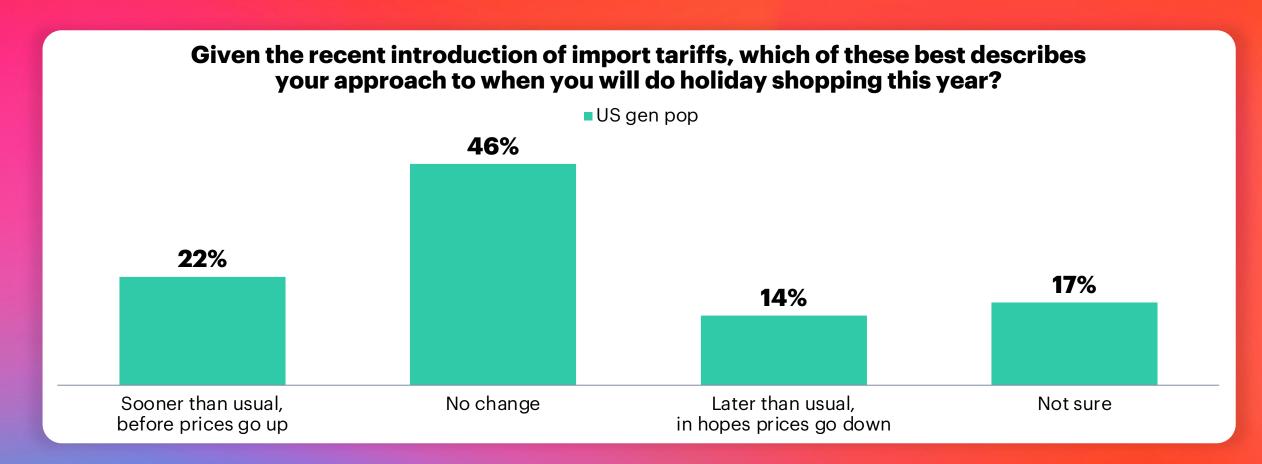
How has the introduction of import tariffs influenced your Black Friday and Cyber Monday spending plans?



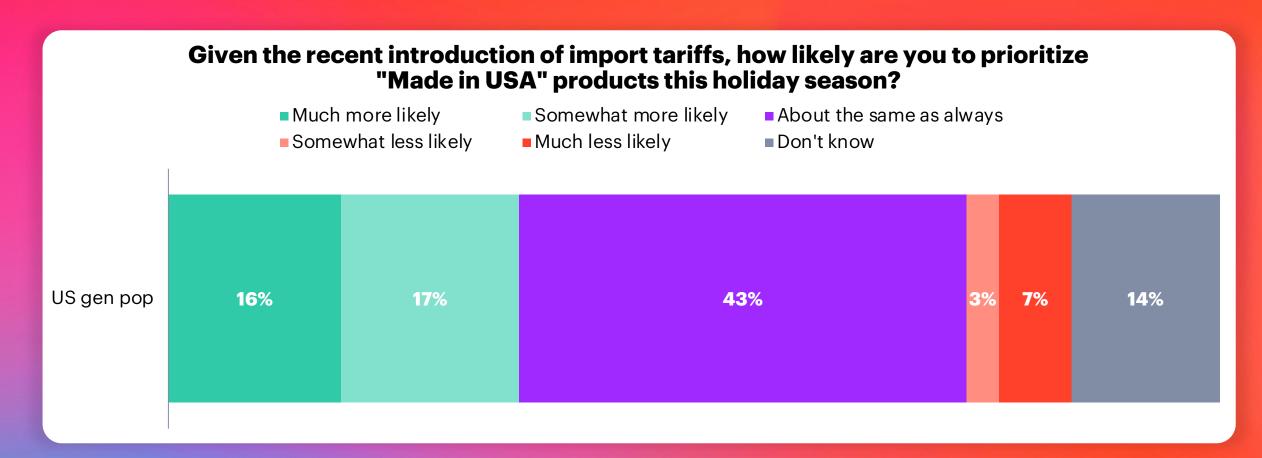
US gen pop

YouGov Surveys: Self-serve. September 15, 2025. US gen pop: n> 1,000.

22% of Americans plan to shop sooner than usual this year due to tariffs



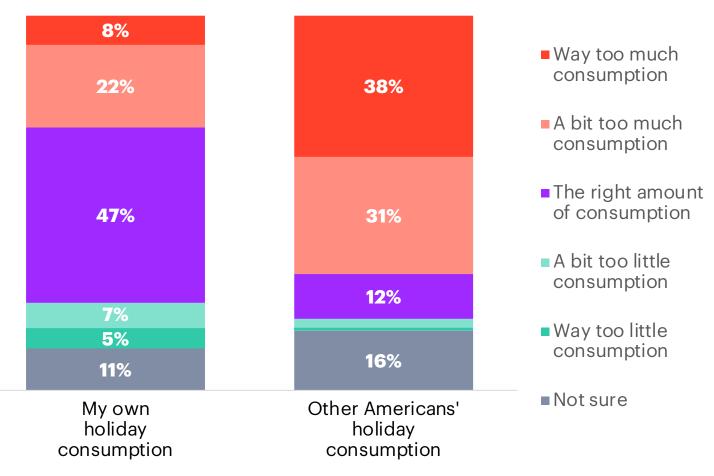
Nearly a third of Americans are more likely to prioritize "Made in USA" products this holiday season



Americans think other Americans consume too much

69% of Americans say other Americans consume too much around the holidays, but only **30%** say the same about themselves. On the other hand, **47%** say that they consumer the right amount but only **12%** say the same about other Americans.

What do you think about how you / other Americans typically purchase and spend around the holidays? (% of US gen pop)



YouGov Surveys: Self-serve. September 15, 2025. US gen pop: n> 1,000.

Alshopping is not for everyone (yet)

Most Americans are unlikely to use AI to help with mega sale shopping this year, but a significant minority are open to it.

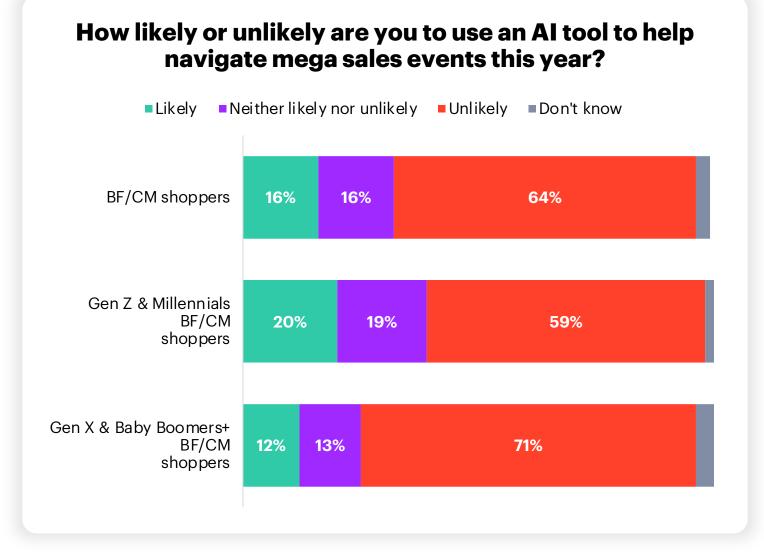


Not all Americans are ready for Al shopping

Only **16%** of BF/CM shoppers say they're likely to use AI to navigate this year's sales. The majority **(64%)** say they're unlikely to do so.

More Gen Z and Millennial shoppers (20%) are likely to use AI than their elders (12%) in this year's sales.

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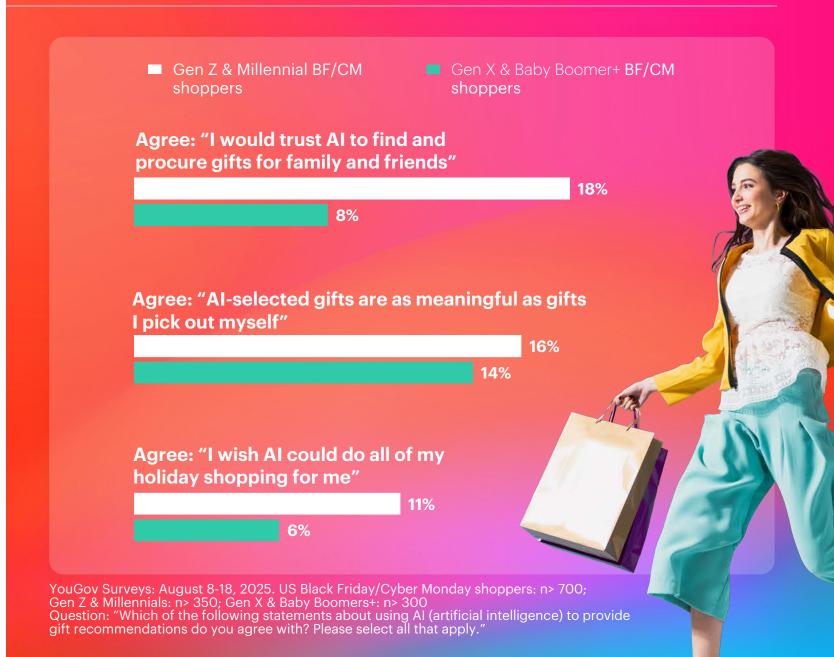


YouGov Surveys: August 8-18, 2025. US Black Friday/Cyber Monday shoppers: n> 700; Gen Z & Millennial Black Friday/Cyber Monday shoppers: n> 350; Gen X & Baby Boomers+ Black Friday/Cyber Monday shoppers: n> 300

Most BF/CM shoppers won't trust AI with their shopping

Only **18%** of Gen Z and Millennial BF/CM shoppers would trust AI to find and procure gifts for family and friends. However, this is much more than the **8%** of Gen X and Baby Boomer+ shoppers who would do the same.

One in ten (11%) of Gen Z and Millennial BF/CM shoppers wish AI could do all of their holiday shopping.



Younger consumers think differently of Al-chosen gifts

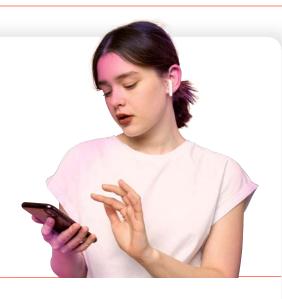
Among BF/CM shoppers, **14%** would change their opinion of someone if they found out that person chose a gift with AI and **18%** would change their opinion of the gift.

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14%



Agree: "If I found out someone gave me a gift that AI picked out, it would change my opinion of them."





18%

Agree: "If I found out someone gave me a gift that AI picked out, it would change my opinion of the gift. This increases to 25% among Gen Z & Millennials.

YouGov Surveys: August 8-18, 2025. US Black Friday/Cyber Monday shoppers: n> 700; Gen Z & Millennials: n> 350; Gen X & Baby Boomers+: n> 300 Question: "Which of the following statements about using AI (artificial intelligence) to provide gift recommendations do you agree with? Please select all that apply."

Which brands generated the most Buzz during BF/CM 2024?

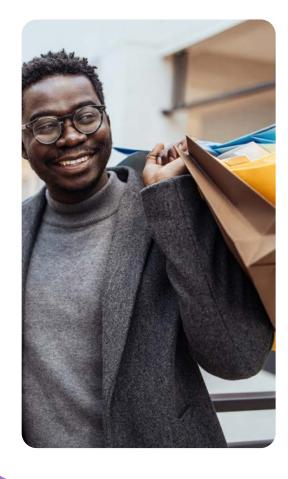
Ahead of 2025, we look back at the brands that drove the highest Buzz during the month of November last year.





Top performing fashion retail brands during BF/CM 2024

Rank	Brand name	Buzz score
1	Nike	26.2
2	adidas	22.5
3	Rolex	19.9
4	Skechers	18.8
5	Old Navy	18.5
6	Victoria's Secret	17.1
7	New Balance	16.2
8	Puma	16.2
9	Levi's	15.2
10	Crocs	14.7



Top performing retail store brands during BF/CM 2024

Rank	Brand name	Buzz score
1	Walmart	23.9
2	Home Depot	23.8
3	Target	22.0
4	Lowe's	22.0
5	Costco	21.3
6	IKEA	17.7
7	Best Buy	16.6
8	Ace Hardware	15.2
9	Home Goods	14.9
10	Kohl's	13.9



Top performing tech & home electronics brands during BF/CM 2024

Rank	Brand name	Buzz score
1	iPhone	33.5
2	Samsung	29.4
3	Apple	29.0
4	LG	21.4
5	Android	21.3
6	Apple Watch	21.1
7	Sony	15.8
8	iPad	15.8
9	HP	15.5
10	Google Pixel	14.8



Top performing skincare, hair & cosmetics brands during BF/CM 2024

Rank	Brand name	Buzz score
1	Dove (Skincare)	28.6
2	Dove (Haircare)	26.0
3	Vaseline	22.0
4	Olay	18.8
5	Nivea	18.1
6	CeraVe	17.2
7	Head & Shoulders	14.5
8	Neutrogena	14.3
9	Sephora	13.5
10	Bath & Body Works	13.3



Top performing video game brands during BF/CM 2024

Rank	Brand name	Buzz score
1	Call of Duty	16.8
2	Candy Crush Saga	16.5
3	Super Mario Bros.	14.8
4	Call of Duty: Warzone	14.2
5	MONOPOLY GO!	11.9
6	Minecraft	11.4
7	Mortal Kombat	10.9
8	Grand Theft Auto	9.7
9	EA SPORTS FC	9.6
10	Fortnite	9.3

Methodology

The insights in this report have been sourced via YouGov Surveys, YouGov Profiles, and YouGov BrandIndex.

Unless otherwise stated, the insights in this report were sourced via YouGov Surveys: Serviced – providing rapid answers from the right audience.

The multi-region survey was conducted from August 8-18, 2025, with 1,536 respondents in USA. Additional insights are available for 16 other markets: Australia, Canada, Denmark, France, Great Britain, Germany, Hong Kong, India, Indonesia, Italy, Mexico, Poland, Singapore, Spain, Sweden, and the UAE.

Throughout the report, each generation is defined as: Gen Z (1997-2007), Millennial (1981-1996), Gen X (1965-1980) and Baby Boomers+ (Before 1964). Black Friday/Cyber Monday (BF/CM) shoppers are defined as those who answered with "Somewhat likely" to the question: "How likely are you to make purchases during Black Friday OR Cyber Monday?" Year-over-year change in the likelihood to purchase during Mega Sales events is based on surveys conducted between August 8-18, 2025, and July 12–July 30, 2024.

The profile deep dive in this report was powered by **YouGov Profiles** – an ever-growing source of consumer data, with 2+ million data variables from YouGov's 30 million global panelists. The data used in this report was accessed via Profiles+ USA 2025-08-17.

The survey questions about the impact of tariffs on BF/CM were asked on September 15, 2025, to 1,000 US consumers via YouGov Surveys: Self-serve.

Buzz ranking was analyzed using **YouGov BrandIndex**. YouGov BrandIndex collects data on thousands of brands every day. Buzz scores are based on respondents' answers to the following question: "Over the past two weeks, which of the following brands have you heard something positive / negative about (whether in the news, through advertising, or talking to friends and family)?" Scores can range from -100 to +100. Buzz rankings are defined by a brand's positive Buzz score minus its negative Buzz score during the period of analysis. A minimum base size (n) of 300 is required to rank.

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